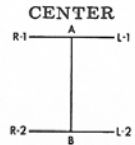


Fra bogen:
 "MOO DUK KWAN Tae Kwon Do – Korean Art of Self-defence"
 af Richard Chun 1975

KICHO IL-BOO



| | | | | | |
|---------------------|-----------|-----------|-----------|-----------|------------|
| <p>Ready Stance</p> | <p>1</p> | <p>2</p> | <p>3</p> | | |
| <p>4</p> | <p>5</p> | <p>6</p> | <p>7</p> | <p>8</p> | <p>9</p> |
| <p>10</p> | <p>11</p> | <p>12</p> | <p>13</p> | <p>14</p> | <p>15</p> |
| <p>16</p> | <p>17</p> | <p>18</p> | <p>19</p> | <p>20</p> | <p>End</p> |